

FAMILY AND LOVED ONE'S OCD SUPPORT GROUP

A free, virtual OCD and related disorders support group for individuals with OCD and their family members and loved ones



Chris Trondsen

LICENSED MARRIAGE AND
FAMILY THERAPIST



Liz Trondsen

MOTHER OF A SON WITH
OCD



**Every second Saturday
of the month**

11am - 1pm PST



**Virtual
Open to anyone, from
anywhere**

**Live
On Zoom**

To be on the mailing list, please email:

LTRondsen@gmail.com